

# Temporary Crowns and Bridges

A temporary allows you to function and smile while your new restoration is being fabricated at our laboratory. Temporaries are made of a self cured composite resin and while sturdy, there are some limitations even though it will look and function like a real tooth.

## What to Expect

-You may experience slight discomfort or achiness in the area of any injections and around the neck of the treated tooth/teeth. Mild analgesics (Tylenol, Advil) and warm salt water rinses as needed will provide temporary relief. These symptoms usually disappear within the first 24-48 hours.

-A dull ache may be present for up to 72 hours after the procedure has been completed. Special treatments we have applied to the tooth/teeth tend to minimize this.

-Sensitivity to biting and possibly temperature may persist until the final restoration is placed at a future visit. It is best to avoid extremely hard foods such as nuts, bacon bits, crusty breads, etc. by chewing these things in the area which has not been treated. The temporary may appear slightly larger and rougher than your natural teeth.

## What to Do

-You may eat or drink 45 minutes after your treatment. Please avoid sticky foods (gum, caramels, other candies) as they may dislodge your temporary. You should brush the area even though the tissue may be tender. This ensures proper healing. Special care should be taken when flossing by pulling floss thru sideways and not snagging the temporary.

-Should your temporary become loose or pop out, please save it and contact our office to schedule time to re-cement it as soon as possible.

-Should you experience any severe episodes of pain, sharp shooting pain, pain which wakes you up at night, pain to touch the tooth with your finger or tongue, or any swelling or bleeding in the treated area, please contact our office immediately. This may signify nerve damage to the tooth, which needs to be attended to promptly with medications and/or further treatment.